



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



## Prayer for Departed Loved Ones

*In Your hands, O Lord,  
we humbly entrust our  
brothers and sisters.*

*In this life, You embraced  
them with Your tender love;  
deliver them now from  
every evil and bid them  
eternal rest.*

*Welcome them into Paradise,  
where there will be no sorrow,  
no weeping or pain,  
but fullness of peace and joy  
with Your Son and the  
Holy Spirit  
for ever and ever.*

*Amen.*



### POPE FRANCIS' PRAYER INTENTION FOR NOVEMBER For Children who Suffer

We pray for children who are suffering, especially those who are homeless, orphans and victims of war; may they be guaranteed access to education and the opportunity to experience family affection.

Continue to practise good hygiene. ***Please use the hand sanitisers provided in both of our Churches.***



You can find us on  
**Instagram**  
(pittwater\_parish)



### Thoughts of Fr Francis Jordan

Storm heaven with prayer! Do not let yourself be hindered by anything!



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Parish  
of Pittwater

If you have used this  
bulletin, please take it  
home with you.

A warm welcome to all  
our parishioners and  
visitors who are  
celebrating the Eucharist  
with us at Pittwater Parish  
Sacred Heart Church  
and  
Maria Regina Church

## MASS TIMES

**SACRED HEART CHURCH**  
1 Keenan Street, Mona Vale

**Weekday Masses**

**Tuesday 8.30am**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am*

**Wednesday 9.30am**

**Thursday 7pm**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from*

*7.30pm to 9pm*

**Friday 9.30am**

*First Friday of the Month,*

*Exposition of the*

*Blessed Sacrament,*

*Adoration, Reconciliation and Benediction from 9.30am,*

*followed by Mass*

*with Anointing of the Sick at 10.30am*

**Weekend Masses**

**Saturday Vigil 5.00pm**

**Sunday 8.00am • 10.00am • 6.00pm (SOUL)**

**Reconciliation**

**4.00pm to 4.30pm Saturday**

**Baptism**

**4th Sunday - 11.30am**

**MARIA REGINA CHURCH**  
7 Central Road, Avalon

**Weekday Masses**

**Monday 8am**

**Wednesday 8am**

**Thursday 10am**

*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*

**Friday 8am**

**Mass with Anointing of the Sick - First Friday of the Month at 8am**

**Weekend Masses**

**Saturday Vigil 6.00pm**

**Sunday 9.00am**

**Reconciliation**

**Before Vigil Mass on Saturday**

**Baptism**

**3rd Sunday - 11.00am**

*We Pray for*  
**Deceased Anniversary**  
*Sandra Pyper*

**Recently Deceased**  
*Franciszek Smigowski*  
*Robert Patrick*  
*"Bob"*  
*Johnson*

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by

**Prayers for the Sick**

Anna Smigowska

Nick Moullakis

M. Miller

Avelino Samartin

Andrew Hood

Jeff Langley

Erin Ocampo

Mark Lindfiels

Nick Moullakis

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Mina Lee

Denise Wagner

Tom Murphy

Leonie Ariemetto

John Graham

## Liturgy for the Week

**14/11 Monday in Ordinary Time 33**  
Rev 1:1-4, 2:1-5; Lk 18:35-43

**15/11 Tuesday in Ordinary Time 33**  
Rev 3:1-6, 14-22; Lk 19:1-10

**16/11 Tuesday in Ordinary Time 33**  
Rev 4:1-11; Lk 19:11-28

**17/11 Thursday, St Elizabeth of Hungary**  
Rev 5:1-10; Lk 19:41-44

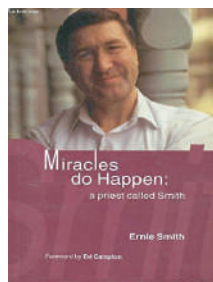
**18/11 Friday in Ordinary Time 33**  
Rev 10:8-11; Lk 19:45-48

**19/11 Saturday in Ordinary Time 33**  
Rev 11:4-12; Lk 20:27-40

## BOOK REVIEW

**Miracles do Happen:**  
**a priest called Smith**

By  
*Ernie Smith*



Ernie was heavily involved with the Sacred Heart Mission of West St. Kilda. The Mission provided meals for the needy and later became known as "Open House". Ernie recalls events that gave him great insight – so miracles do happen. Very interesting reading.

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**Pittwater**

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

## GIVING

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

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*Feast of Christ the King*  
*20 November 2022*



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Every gift makes a difference to someone in hospital, school, a parish or the wider community.

# PASTORAL WORKS Broken Bay

**Pastoral Works Broken Bay is the pastoral charity of the Catholic community in Broken Bay.**

In supporting our pastoral works you are helping our dedicated catechists provide thousands of state school students with a Catholic education; and helping us provide comfort, care, a listening ear and the sacraments to those who are vulnerable or experiencing loneliness, illness and isolation through our hospital chaplaincy program.

Our pastoral works also assist students with disability achieve their dreams, and provides practical support for the deaf community.

Your gift does make a difference. It maybe young people in schools, someone in hospital, a parish or the wider community.

My prayer is that Pastoral Works Broken Bay enables us to reach further and wider in helping our community, and more deeply connects us to our vision and the mission of Jesus. I am deeply grateful for your support.

**Most Rev Anthony Randazzo DD JCL,**  
Bishop of Broken Bay



**CATHOLIC  
DIOCESE OF  
BROKEN BAY**

## Thank you for your generosity

For many in our community, your generosity means the Church can be there during times of great need, renewing and rebuilding their lives. Your donations support five ministries:



### Hospital Chaplaincy & Pastoral Care Practitioners

Helping those who are vulnerable, experiencing loneliness or sick in hospital.



### Confraternity of Christian Doctrine

Catechists taking the gospel to State school students.



### St Lucy's School

Serving year K-12 students with disability.



### St Edmund's College

Serving year 7-12 students with disability.



### Ephpheta Centre

Pastoral care, sacraments, and advocacy for the deaf community.



All donations over \$2 are tax deductible. ABN 87 849 944 998

To donate, complete the form in the envelope available in your parish and return to your parish.

Or go online by scanning the QR code and visiting: [bbcatholic.org.au/pastoralworks](http://bbcatholic.org.au/pastoralworks). Thank you.



# Parish Directory

## **Pittwater Parish**

1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999

## **Parish Priest**

*Fr Richard Sadowski SDS*

Tel 9157 0999 ext 10  
pp@pittwaterparish.org

## **Assistant Priest**

*Fr Zygmunt Smigowski SDS*

Tel 9157 0999 ext 12  
ap@pittwaterparish.org

## **Parish Secretary**

*Donita Kerin*

Tel 9157 0999 ext 30  
office@pittwaterparish.org

## **Director of Music**

*Josh Willard*

Tel 9157 0999 ext 17  
music@pittwaterparish.org

## **Media & Communication**

*Conille Felias*

Tel 9157 0999 ext 31  
media@pittwaterparish.org

## **Sacrament Coordinator**

*Sonia Samartin*

Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

## **CCD Catechist Coordinators**

*Maureen Wooldridge*

Mobile 0421 907 469

*Veronica Thomas*

Mobile 0417 061 534

## **Parish Office Hours**

**Monday to Thursday**

**9.00 am to 4.00 pm**

**Friday**

**9.00 am to 12.00 pm**

## **Sacred Heart Church**

1 Keenan Street Mona Vale

## **Maria Regina Church**

7 Central Road Avalon

## **MONA VALE**

### **Sacred Heart School**

Tel 8197 6900

**Principal: Mr Jamie Wahab**

## **AVALON**

### **Maria Regina School**

Tel 9918 2608

**Principal: Miss Kirsty Thorpe**

## **WARRIEWOOD**

### **Mater Maria Catholic College**

Tel 9997 7044

**Principal: Mr Marc Reicher**

## FEAST OF THE PRESENTATION OF THE BLESSED VIRGIN MARY

November 21st



REMEMBRANCE  
DAY

LEST WE FORGET

Our thoughts and prayers  
for those who volunteered,  
sacrificed, served, fought and  
died for our freedom.



November is a special time to pray for the dead.

If you would like the names of your deceased loved ones, relatives or friends published in our "Book of Remembrance", please fill in the "November Mass Offering" envelopes and drop it in to the Parish Office or put in any collection baskets. Each day in November, a Mass will be offered for all those mentioned in our "Book of Remembrance".



**Vinnies**



New stock is now available for  
First Holy Communion at the  
**Vinnies Sacred Heart Church  
& Maria Regina Church  
Piety Stores.**

The stores are open after most masses.  
All proceeds of the Piety Store go to  
St Vincent de Paul.

All transactions are CASH only,  
as we do not have EFTPOS  
facilities.

Any queries, please contact  
the Parish Office on 9157 0999.

## REMINDER

**NO 7PM MASS on  
Thursday, 8th of December 2022**

but there will be  
**ADORATION - 8:30 AM  
MASS- 9:30 AM**

at  
**Sacred Heart Church  
Mona Vale**





# Salvatorian Foundation Day

Thursday 8th December 2022

Mass at 7pm

Followed by light supper

Sacred Heart Church, Pymble NSW

All welcome

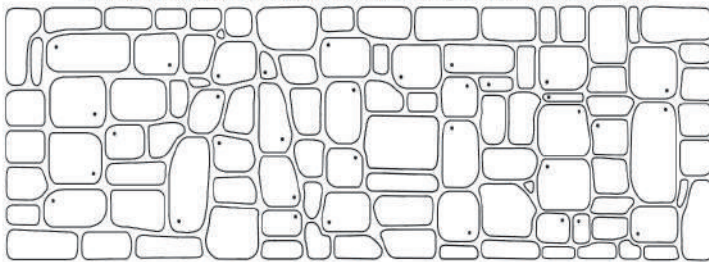


Everyone is invited to join the Salvatorian Family in celebrating its Foundation Day.

*You will be saved  
by being faithful*

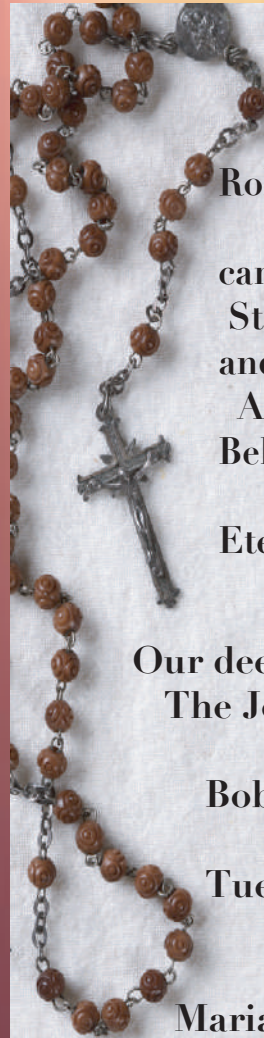
33rd Sunday In Ordinary Time, Year C

Colour in the stones marked with a dot to reveal something we need if we are to be saved.



Jesus tells us that even though bad things might happen around us, we should not be afraid. In the stones below, write down some things that might make us afraid?


Cross out all letters that appear more than once. Unscramble the remaining letters to reveal what Jesus gives to us so that we know what to say when we defend ourselves.



Robert Patrick Johnson  
'Bob'  
came into this world on  
St Patrick's Day 1930  
and was called home on  
All Saints Day 2022.  
Beloved husband, father  
and grandfather.  
Eternal rest grant upon  
him, O Lord.

Our deepest condolences to  
The Johnson Family.

Bob's Funeral Service  
will be on  
Tuesday, 15 November  
10 am  
at  
Maria Regina Church  
Avalon



WALK IN NEW LIFE

## MATER MARIA CATHOLIC COLLEGE

### Parish Bulletin – Term 4, Week 5

On Monday, students in Year's 7, 8 and 9 commenced their week of yearly examinations and the HSC examinations for Year 12 students ended.

On Tuesday, students in Years 8 and 10 learning Japanese Beginners and Japanese Cultural Course attended an orientation day.

On Friday, our Remembrance Day Service was held in the College amphitheatre where we paused in silence to reflect on the service and sacrifice of Australians who have given their lives or suffered in the service of our nation.

We had another big week of sport at the College. On Monday, senior students attended the NSWCCC Girls Cricket Championships Open. On Tuesday, students in Years 7 and 8 woke to sunrise and their early morning start at Manly Surf School; and multiple basketball games were played after school on Wednesday, Thursday and Friday for the MWBA Basketball Competition.

Applications for Year 7, 2025 are open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit <https://matermaria.nsw.edu.au/enrolments/>.



# The *Living* Word

**Entrance Antiphon** Jer 29:11,12,1

The Lord said: I think thoughts of peace and not of affliction.  
You will call upon me, and I will answer you,  
and I will lead back your captives from every place.

**First Reading** Mal 3:19-20

**A reading from the prophet Malachi**  
*The sun of righteousness will shine on you.*

The day is coming now, burning like a furnace; and all the arrogant and the evil-doers will be like stubble. The day that is coming is going to burn them up, says the Lord of hosts, leaving them neither root nor stalk. But for you who fear my name, the sun of righteousness will shine out with healing in its rays.

**The word of the Lord**

**Responsorial Psalm** Ps 97:5-9. R. see v.9

**(R.)The Lord comes to rule the earth with justice.**

Sing psalms to the Lord with the harp with the sound of music.  
With trumpets and the sound of the horn acclaim the King, the Lord. **(R)**

Let the sea and all within it, thunder; the world, and all its peoples.  
Let the rivers clap their hands and the hills ring out their joy at the presence of the Lord. **(R)**

For the Lord comes,  
he comes to rule the earth.  
He will rule the world with justice and the peoples with fairness. **(R)**

**Second Reading** 2 Thes 3:7-12

**A reading from the second letter of St Paul to the Thessalonians**  
*Do not give anyone food who refuses to work.*

You know how you are supposed to imitate us: now we were not idle when we were with you, nor did we ever have our meals at anyone's table without paying for them; no, we worked night and day, slaving and straining, so as not to be a burden on any of you. This was not because we had no right to be, but in order to make ourselves an example for you to follow.  
We gave you a rule when we were with you: not to let anyone have any food if he refused to do any work. Now we hear that there are some of you who are living in idleness, doing no work themselves but interfering with everyone else's. In the Lord Jesus Christ, we order and call

on people of this kind to go on quietly working and earning the food that they eat.

**The word of the Lord.**

**Gospel Acclamation** Lk 21:28

Alleluia, alleluia!

Lift up your heads and see;  
your redemption is near at hand.

Alleluia!

**Gospel** Lk 21:5-19

**A reading from the holy Gospel according to Luke**  
*Your endurance will win you your life.*

When some were talking about the Temple, remarking how it was adorned with fine stonework and votive offerings, Jesus said, 'All these things you are staring at now – the time will come when not a single stone will be left on another: everything will be destroyed.' And they put to him this question: 'Master,' they said, 'when will this happen, then, and what sign will there be that this is about to take place?'

'Take care not to be deceived,' he said, 'because many will come using my name and saying, "I am he" and, "The time is near at hand." Refuse to join them. And when you hear of wars and revolutions, do not be frightened, for this is something that must happen but the end is not soon.' Then he said to them, 'Nation will fight against nation, and kingdom against kingdom. There will be great earthquakes and plagues and famines here and there; there will be fearful sights and great signs from heaven.

'But before all this happens, men will seize you and persecute you; they will hand you over to the synagogues and to imprisonment, and bring you before kings and governors because of my name – and that will be your opportunity to bear witness. Keep this carefully in mind: you are not to prepare your defence, because I myself shall give you an eloquence and a wisdom that none of your opponents will be able to resist or contradict. You will be betrayed even by parents and brothers, relations and friends; and some of you will be put to death. You will be hated by all men on account of my name, but not a hair of your head will be lost. Your endurance will win you your lives.'

**The Gospel of the Lord**

**Communion Antiphon** Ps 72:28

To be near God is my happiness,  
to place my hope in God the Lord.

**REFLECTION**  
*by Dianne Bergant CSA*

*The Day of the Lord was believed to be the time when God would come in majesty and power to set all things right. We must remember that the descriptions in today's readings are metaphoric or symbolic in nature. As with all metaphors or symbols, we miss something of their profound meaning if we merely understand them literally. It is not helpful to relate elements of the description with particular aspects of the contemporary world. Belief in the Day of the Lord is a way of testifying to our faith in the righteousness of God.*

*Although the narrative readings for today concentrate on the disruptions that will accompany the coming of God, they also contain hints of the salvation that will finally arrive. Malachi speaks of the sun of justice that comes with healing rays; Luke promises that the faithful disciples will escape without a hair of their heads being destroyed. Just as the descriptions of the upheavals should not be understood literally, neither should these descriptions. It may be that the faithful followers of Jesus will suffer terrible agonies. The point here is that even in the midst of their pain, they will be protected. The healing rays of justice and the rescue of the lives of the upright are references to salvation. God does not come at the end to condemn, but to save. Furthermore, the suffering that precedes the end is intended for purification and refinement, not punishment. Christians are exhorted to live in this endtime with patient endurance of difficulties.*

© Dianne Bergant CSA



**Sacred Heart Church, Mona Vale**

**Saturday 19 November 2022**

**at 5:00 pm**

**Sunday 20 November 2022**

**at 10 am**

**Sunday 20 November 2022**

**at 12 noon**



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